

**Physical Education KS3 Assessment Framework - PE**

|              | Beginning<br>Grade 1   | Working Towards<br>Grade 2-3  | Expected<br>Grade 4-5  | Exceeding<br>Grade 6-7  | Excelling<br>Grade 8-9  |
|--------------|--|---|--|---|---|
| <b>Rugby</b> | I can:<br><br>Run with the rugby ball in hand holding the ball in 2 hands.                               | I can:<br><br>Understand the importance off catching the ball early 'hang catch'. Understands the idea of bringing in a triple threat position (Pass, Ruck or Kick)                           | I can:<br><br>Understand the basic of passing: Keep the ball high, push through the ball and finish with both hands pointing at the target.  | I can:<br><br>Be in the correct position to support the ball carrier in a small-sided game.   | I can:<br><br>Stay on your feet in contact situations and present the ball to my teammates.                           |
|              | Pass and catch a rugby ball while running in a group.  | Complete a passing exercise in groups.  | Execute a 2 Vs 1 situation, using accurate passing to supporting players.  | Use a variety of passes from both sides and off the ground.   | Perform a variety of passing moves with teammates to outwit opponents.  |
|              | Pass and catch a rugby ball in a group, while running, then realign and repeat.                          | Communicate what a defender looks like when he is 'drawn in' can also often beat a passive defender in a 2 vs 1 situation.  | Use footwork, change of direction or change of pace to beat a defender.  | Give and take a spin pass using good technique.   | Start to understand the different lines you can run in rugby to break through yourself or to create space for others. |
|              | Understand you have to pass the ball backwards   | Understand the key points of tackling: Same foot same shoulder, fire arms through contact, land on top of the player you are tackling. And can demonstrate these in a controlled environment. | Understand all fundamental parts of the tackle: same foot same shoulder, boxing hands up, staying tall for as long as you can and then arriving and driving, firing the arms through, land on top. | Consistently beat a defender in a 2 v 1 situation.  | Use the rugby skills you have learnt accurately, precisely and fluently under match pressure.                         |
|              | Play a game of Tag rugby or touch rugby in a competitive setting.  | Understand how to fall safely, and understands the importance of a good pencil presentation. Players must also be able to understand what the first player at a ruck needs to do.             | Perform a parachute fall in a contact situation and present the ball using a long place.   | Tackle safely from behind.  | Create a simple game plan to beat opponents based on the strengths and weaknesses of you and others.                  |
|              | Understand the importance of 'getting feet in close.' When pulling a tag off or completing atouch tackle | Demonstrate a ruck in small groups or use pads for support.   | Understand the basic of a ruck when the ball must be released.   | Understand when to ruck and maul in matches.  | Understanding the roles of different players in the backs and forwards.   |
|              | Understand U10 Vocabulary: Ball, Pass, Catch, Forwards, Backwards, Behind                                | Participate in full U11 rules (1 vs 1 breakdown). Most will be able to play a rugby league (touch or contact) style of game.  | Understand roles around the ruck. Bullett, the first man fires through the breakdown. The second man seals off so the ball can   | Understand the basic jobs and role of backs and forwards.   | Take part in a full scrum.  |
|              |  | Understand the basic rules and be able to play in a controlled drill or activity.   | Ruck in a practice situation.  | Use simple tactics to win situations in a rugby match. For example, Spot and use an overlap; run a switch or loop to create space.  | Know what the line marking on a rugby pitch mean.   |
|              |  | Understand the need to run forwards before passing the ball backwards.  | Work with teammates to perform a basic ruck and know how to play a part in a ruck.   | Start understanding defensive principles: Defend in 3's. Be able to communicate different types of defence: Biltz, soft.  | Some will be able to participate in full U14 laws.  |
|              |  | Watch other people's passing and tackling and explain what they did well.   | Understand the basics of the scrum: strong body position, like tree trunks. In a competitive situation the 3 closes players take part.   | Understand way as a team we can get the ball back. For example, Jackal/counter ruck. Be able to identify optimates t do this in controlled and competitive situations.  | Play a rugby league (touch or contact) style of game.   |
|              | Understand U11 Vocabulary: Ball, Pass, Catch, Forwards, Backwards, Behind, Realign, Passive, Tackle      | Begin to outwit opponents using foot work.  | Understand how to take part in a 3-man scrum and line out.   | Understand the basic rules and be able to play in a controlled drill or activity.   |   |
|              |  | Able to participate in full U12 laws. Most will be able to play a rugby league (touch or contact) style of game.  | Understand U13 Vocabulary: Passive, Footwork, Change Direction, Change pace, Release, Maul, Ruck, Scrum, Lineout, Backs, Forwards, Overlap, Switch, Loop, Spin-pass                                | Understand U14 Vocabulary: Passive, Footwork, Change Direction, Change pace, Release, Maul, Ruck, Scrum, Lineout, Backs, Forwards, Overlap, Switch, Loop, Spin-pass, Accuracy, Precision, Fluency, Pressure, Game Plan, Roles, Warm-up, Cool-down, Laws of Rugby. |   |
|              |  | Understand the basic rules and be able to play in a controlled drill or activity.   |  |   |   |
|              |  | Understand U12 Vocabulary: Realign, Passive, Tackle, Footwork, change pace, Change Direction, Release, Ruck   |  |   |   |