Year 11 exam revision – GCSE 2023

Use “my revision notes. AQA Food Preparation and Nutrition for the 2016 specification” book.

1 hour 20 minute paper

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| **Topic to revise** | **Pages to refer to in the revision book** |
| Energy needs | 24-26 |
| Minerals | 13-14 |
| Food Safety | 59-65 |
| Nutritional needs and health | 17-22 |
| Cooking of Food and Heat Transfer | 34-35 |
| Factors affecting Food Choice | 66-70 |
| Food processing milk into cheese | 104 |
| Sensory evaluation  | 86 |
| Packaging waste | 92 |
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