

Contents

This is your guide to Sidcot School where you'll find everything you need to know as your child joins the School.

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Term dates

Autumn Term 2024

Induction day
Boarders return
Term begins
Half term begins
Boarders return
Term resumes
Term ends and Boarders depart

Friday 30 August Friday 30 August Monday 2 September Friday 18 October Sunday 3 November Monday 4 November Friday 13 December

Spring Term 2025

Boarders return Monday 6 January
Term begins Tuesday 7 January
Half term begins Friday 14 February
Boarders return Sunday 23 February
Term resumes Monday 24 February
Term ends and Boarders depart Friday 4 April

Summer Term 2025

Boarders return
Tuesday 22 April
Wednesday 23 April
Half term begins
Friday 23 May
Boarders return
Sunday 1 June
Term resumes
Monday 2 June
Term ends and Boarders depart
Thursday 3 July

Year group nomenclature

| Sidcot | National Curriculum | Sidcot | National Curriculum |
|-------------------|---------------------|------------------|---------------------|
| Reception | Reception | Lower Fifth (L5) | Year 10 |
| J1 to J6 | Year 1 to Year 6 | Upper Fifth (U5) | Year 11 |
| Third Form (3) | Year 7 | Lower Sixth (L6) | Year 12 |
| Lower Fourth (L4) | Year 8 | Upper Sixth (U6) | Year 13 |
| Upper Fourth (U4) | Year 9 | | |

Introduction

The Fourth Form allows a period of consolidation prior to beginning the examination years. It is a time for further development of students' independent learning and one that allows exciting discovery and exploration to take place.

Fourth Form is an exciting and busy time at Sidcot - a time where students are encouraged to try new things, to be curious and to live life to the full.

At the start of Fourth Form students are placed into tutor groups. They will normally keep the same tutor through both years allowing good, supportive relationships to develop. In our small and friendly environment, informal but with clear boundaries, we make sure that each individual can develop happily, safely and securely.

This handbook outlines key information that will help you familiarise yourself with life in Fourth Form.



James Vecchio Head of Lower Fourth



Alex Guthrie Head of Upper Fourth



Alexander Lickorish Head of Lower School

Induction Session & first day of term

Induction session – Friday 30 August

To make sure Fourth Form students have the most comfortable start, we invite them for an Induction Session to familiarise themselves with the Senior School before the rest of the students return on Monday 2 September.

At their Induction Session your child will be introduced to their Head of Year and shown where their tutor classroom and locker will be. Once School starts your child's tutor will be your first point of contact should you have any questions.

Students should wear school uniform.

They should bring their device (please ensure that it is fully charged and that your child knows the password to access it) and a pencil case.

An invitation and further details will be provided nearer the event.

First day of term – Monday 2 September

On the first day of term students should report to their tutor in their classroom at 08:25. Parents should drop their child off at the Senior Drop Off and Pick Up point. There is a map of the campus at the back of this guide for reference.

If your child is travelling by School transport they will be shown where to get the bus home during their Induction Session.

Parents' social events

Boundary Walk – Thursday 5 September, 15.00

The Boundary Walk is a long standing tradition where students walk around our beautiful campus together during the first week of term. Parents are also invited to enjoy the walk with us and refreshments are served afterwards.

New Parents Drinks & Hog Roast – Friday 6 September, 17.30 - 20.30

To introduce parents to the School, and each other, we invite all new parents to join the Head and other members of staff for drinks. This is followed by a Hog Roast to which all parents are invited.

Please be aware that this is an adult only event.

An invitation with further details will be sent nearer the time.

What to bring

Stationery

The basic stationery students require is as follows:

- 2 black or blue pens
- 1 purple and 1 green pen
- 2 pencils
- Eraser
- Sharpener
- Ruler
- Compass
- Protractor
- Calculator Casio FX-85GTCW

The following are also useful to have:

- Coloured pens or pencils
- Glue stick
- Highlighters

All of the above items are available from the library stationery shop and can be added to the termly extras bill.

Extras

- Lanyard/photo ID
- Fully charged device
- Refillable named water bottle

Sports Kit

On days when students have Games lessons they will be responsible for bringing the correct clothing. There are some compulsory elements of sports clothing and other optional elements. Some elements will also vary depending the season.

On Thursdays students should attend School wearing their House t-shirt and Sidcot tracksuit bottoms or leggings in preparation for PASS. Students should bring their sports kit on the first day of term. A full sportswear guide can be found at sidcot.org.uk/uniform.

Drop off and pick up

Students should be delivered to the top car park by the science block (which is signposted as the 'drop off point') no later than 08:30 each morning. Lessons finish at 15:50 (16:00 on Thursday) so students can be picked up from this time from the top playground.

Day students are welcome to stay for activities, prep and supper every evening if they wish at no extra cost (some activities require additional payment). The latest pick up time is 18:30. If you are going to be late, or if your child is going to be absent, please email or telephone Reception (01934 843102 or reception@sidcot.org.uk) who will forward the information on to tutors and the Year Head.

Should your child be absent due to illness, please call 01934 845245 before 08.30. If your child misses registration, or is leaving early, they must go to Reception to sign in or out.

In order to avoid too many traffic issues, Sidcot has an unofficial one-way system. Please turn into Fountain Lane at the traffic lights passing the Quaker Meeting House on the right and then turn left into the Senior Drop-off area. After dropping off your child(ren), please rejoin Oakridge Lane and make your way out to the A38.

Photo ID cards

All students have a photo ID card which must be carried at all times. The School is a secure site and the card allows access to different parts of the School which has keypads at all entry points.

Students must email a photo of themselves as soon as possible prior to arrival in September to admissions@sidcot.org.uk.

Lost cards can be replaced, at a cost of £5.00, Your children arrange this through their tutor.

Students who have provided their photos will be issued with their ID card at their Induction Session.

Lockers

Each student is allocated a locker where they can keep their study materials. They will need to bring a lock with two keys or a combination lock. The shackle should have a diameter of no more than 5mm. At the end of each term students will be asked to clear their lockers completely.

Uniform

At Sidcot all students from Third to Fifth Form wear uniform. There is a comprehensive clothing range available to ensure students can be comfortable and smart both inside and out of the classroom.

Full information about Sidcot's regulations regarding uniform, dress code and possessions in School can be found at **sidcot.org.uk/uniform**

On Thursdays, unless otherwise notified, all students should attend School in PE kit (including tracksuit trousers or leggings) for their PASS activities.

If you have any queries, please email uniform@sidcot.org.uk

All Sidcot School uniform can be bought online. Alternatively, you can purchase all uniform through Deanes of Cheddar. Deanes of Cheddar Bath Street Cheddar Somerset BS27 3AA

Telephone: 01934 742530

Email: info@deanesofcheddar.co.uk

Deanes of Cheddar Opening Hours:

Monday - Thursday: 09:00-17:00

(closed 13:00-14:00)

Saturday: 09:00-16:00

(closed 13:00-14:00)

Friday and Sunday: Closed

The House system

All students and staff at Sidcot are assigned to a virtual House when they join our School community (North House, East House, South House and West House). The House system helps students to build friendships across the year groups and provides a focus for School events and activities throughout the year.

These include House sports, 'Sidcot's Got Talent', team building activities, inter-House music competitions, charity fundraising and much more.

Students are notified before they join which House they have been assigned to. They will need a House t-shirt in the appropriate colour to wear for House activities and PASS.

Food

Students have break at 11.05 where they can have a drink, a biscuit and fruit. Lunch is at 12.55.

Our menus are varied, balanced and healthy and full of fresh local ingredients. You can view a sample of our weekly menu on the website:

www.sidcot.org.uk/parent-information/food

Straight after School, students may help themselves to tea, coffee, hot chocolate, milk or juice in the Refectory. Break, lunch and supper are all included within the School fees.

The Hub is Sidcot's café where students can buy drinks and snacks, smoothies, paninis and fruit pots. Access to the Hub is limited to certain days of the week for each year group. Students can use their photo ID card to make purchases from the Hub. Credit can be added to the ID card using WisePay – parents can access this via

www.sidcot.org.uk/parent-information/sidcot-intranet

Log in details will be sent during the first week of term.

Digital technology in the classroom

Bring Your Own Device (BYOD)

Technology is a significant part of all of our lives. The way we do things around the home and the way we do things at work are constantly changing as the technology develops. There is plenty of research evidence to support the value that technology brings to the educational experience including improved communication, practical research, collaboration, self-management, and digital citizenship.

Who is required to have an IT device at Sidcot?

In the Senior School all students are expected to have their own IT device that they bring into School for use in lessons. Many will already have a device, however, if students or parents are unsure whether it meets the required specification, please email **byod@sidcot.org.uk** where the team will be happy to advise and help.

To maintain a safe and secure learning environment, a filtered Internet connection will be provided for all students. They will not be permitted to use a personal broadband connection such as a 3G/4G/5G phone network.

Who is responsible for IT devices in School?

Students are solely responsible for their device. They must bring it fully charged to School. As with other personally owned items, the School is not liable for loss, damage, misuse, or theft. Please arrange your own insurance cover for your child's personal belongings either through the Personal Effects Insurance (offered by the School), or by your own arrangements.

Required Device Specification:

10" screen or larger - 10" is the minimum to ensure students can see the work they need to complete easily.

Can use a stylus - This is so notes can be taken in the lessons and any work requiring to be handwritten could be done on the device.

Can use a keyboard - A keyboard is needed to assist with tasks that require more typing e.g. essays or project write-ups.

Be able to run Microsoft Word, PowerPoint, Excel and Teams/OneNote - These are the core apps needed in school. The mobile version and online version are suitable for most tasks. If more is required, remote access can be used.

Be a Microsoft, Mac (including MAC OS and iOS), or Android OS based device - These are the operating systems we know work well with the School systems.

Battery life - 5 hours or more to ensure that only minimal or no charging is needed during the day.

IMPORTANT: Does not have mobile data e.g. 4G/5G etc.

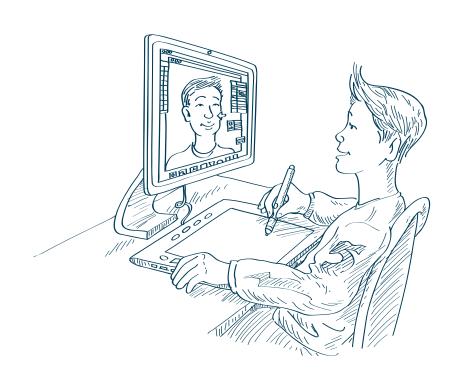
Free access to Microsoft Office for all Sidcot BYOD users - This can be downloaded and used for free from the School whilst your child is a student at Sidcot.

Sidcot offers the ability to purchase a device on your behalf

This is then charged to your next bill. We will configure this device, install the Microsoft Office Suite and printers and include shortcuts to relevant software and web links so that it works perfectly at Sidcot, at no additional charge. We normally do this in June/July each year to allow for delivery and configuration ready for a September start, but we can purchase at any time if your child starts during the school year. If you are interested in this for your child, please email byod@sidcot.org.uk so that we can contact you with any of our offerings.

Although we generally recommend a Microsoft Surface GO for younger years and a Surface PRO for older years, we are able to source devices from a variety of vendors and can also offer refurbished devices at very competitive prices.

If you wish to purchase your own device and just need it set up in advance of your child starting here, we can also offer this as a free of charge process - again, just email **byod@sidcot.org.uk** to arrange this.



Is my child allowed to bring a mobile phone to School?

Following a period of discussion and research on the use of mobile phones in schools, we have taken the decision not to allow any student below Sixth Form to have phones in School.

We do appreciate that some parents will want their children to have phones for the journeys to and from School and there is a mechanism to allow this. If you wish your child to have a phone for travel purposes, please write to <code>james.vecchio@sidcot.org.uk</code> for Lower Fourth students, and <code>alexandra.guthrie@sidcot.org.uk</code> for Upper Fourth to make this request. Your child's name will then be placed on a list and they will be required to hand in their

phone (it must be named) to Reception before registration each morning at 08:30 and then collect it at 15:50 – they will not have access to the phone during the day.

As has always been the case, if you should need to contact your child in an emergency during the day, please call Reception who will be able to pass on a message.

We do hope we have your support on this, as we strongly believe the benefits are significant from an academic, social and wellbeing perspective.

The Blue Book

At the beginning of the Autumn Term, students will be given 'The Blue Book' which clearly outlines rules and guidelines for behaviour at School.

It is important that students carefully read this booklet so they are clear about expectations at Sidcot, which will help them settle in smoothly.

GCSE options

In Upper Fourth (Year 9), students are guided to make GCSE choices that best suit their career ambitions. In November, parents and students are invited to attend our Options Evening, where subject staff are on hand to gove advice and guidance about each course. Students then submit

initial preferences of the subjects they would like to pursue in Fifth Form. In March, the students make their final choices. Tutors work closely with students to support them in making the choices that are right for them.

Flexi boarding

Recognising the changing needs of families, our approach to boarding is flexible. As well as full boarding, options for both weekly and flexi boarding may be available. Whilst the majority of our boarders are full time, we are happy to discuss other options to meet particular needs.

The cost of flexi boarding is £52.00 per night and is dependant on availability. A flexi boarding form must be completed and sent to **flexiboarding@sidcot.org.uk** at least five working days prior.

Meeting for Worship

On Fridays, the School community participates in Meeting for Worship. Fourth Formers gather together with their tutors, and the student Quaker Elders lead the meeting. This starts with a quote which is then reflected upon in silence. During this period, anyone can stand up and 'minister' or speak if they feel moved to do so. Two questions related to the quote will be put to the students who will then discuss these in smaller groups.



Keeping in touch with parents

We make every effort to provide parents with useful dates and information as well as news of what is happening at School.

Newsletter

All parents receive a weekly newsletter summarising all that is happening across the School. Each newsletter includes a message from the Head, as well as news about trips and visiting speakers, and updates on performances and achievements from different departments.

Intranet

Parents are emailed log in details during the first week of term which enables them to view the School intranet where students and teachers share information and homework. They can access information about their child's timetable, and keep up to date with their homework, performance and attendance.

Calendar

The School community has access to a live electronic calendar which provides the latest and most up to date information about events, activities, trips and sports fixtures:

sidcot.org.uk/calendar

Parent planner and emails

On a Friday afternoon all Senior School parents receive the Parent Planner. This document consolidates all School communication into one document and provides vital information for all parents and for specific year groups. Where necessary, when a communication is urgent or specific to only a small number of parents, a separate email will be sent directly to the relevant parents.

Annual consent

During the first week of term, parents will receive a request for a number of consents including medical, media and School trips. Please could these be completed upon receipt.



Monitoring progress

Grade reports are issued electronically on a termly basis, to keep parents up to date with students' progress. They include effort and achievement grades as well as written comments from teachers. Once a year, parents receive a full written report.

In the first half of the Autumn term our Meet the Tutors Evening is an opportunity to talk to pastoral staff about how students are settling in at the start of the year. There is also an annual face to face parents' consultation evening in the Summer term for Lower Fourth, and during the Autumn term for

Upper Fourth students. It provides an opportunity to meet students' subject teachers, tutor and Year Head, and to hear about their progress in more detail. Fourth formers have an assessment week during the Summer term.

Parents are given a log-in which enables them to view the School intranet, where students and teachers share information and homework. They can access information about their child's timetable and keep up to date with their homework, performance and attendance.

How much homework will my child do?

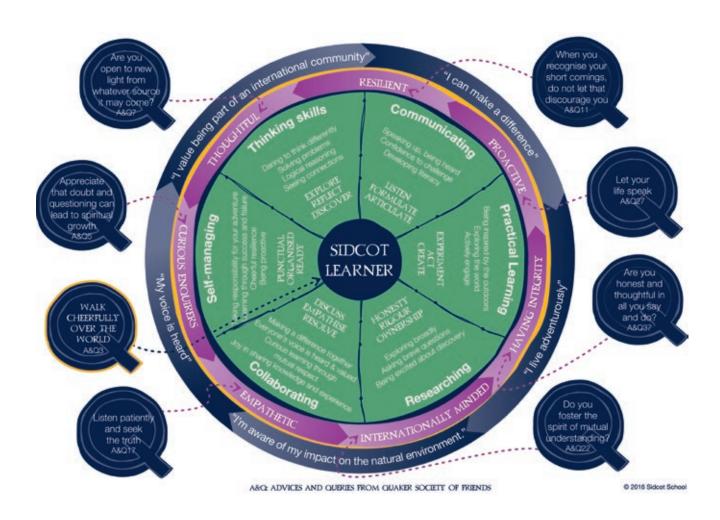
Homework is referred to as prep, and can be completed in school if preferred. Day students should book a place on SchoolsBuddy if they plan to stay for prep/supper. Prep finishes at 18:00. Latest pick up (for Fourth Formers) is 18:30 by which time they will have completed prep and had supper. We offer designated classrooms for prep

at specified times supervised by teachers. There is no extra charge for prep and supper.

Homework will be set every day and should take 30-60 minutes in total. Fourth Form students typically receive 20 minutes of prep per subject per week.

Our approach to teaching and learning

The Sidcot Learning Wheel



Enrichment programmes

At Sidcot, we are proud to celebrate the exceptional abilities of our students, either through our Scholarship or Lead Learner enrichment programmes. These aim to provide our most able students with a range of opportunities to stretch and challenge themselves, both inside and outside

of the classroom - be it through extra occasions to practise or showcase a talent, access to expert speakers or courses, delivering stimulating projects or through inspiring and supporting younger students in the School.

School routine

| Monday | | Tuesday | | Wednesda | ıy |
|----------------|--------------------------|----------------|--------------------------|----------------|-----------------------------|
| 08:30 – 08:35 | Tutor Time | 08:30 – 08:35 | Tutor Time | 08:30 – 08:35 | Tutor Time |
| 08:35 – 09:25 | Period 1 | 08:35 – 09:25 | Period 1 | 08:35 – 09:25 | Period 1 |
| 09:25 – 10:15 | Period 2 | 09:25 – 10:15 | Period 2 | 09:25 – 10:15 | Period 2 |
| 10:20 – 11:00 | Assembly | 10:15 – 11:05 | Period X | 10:15 – 11:05 | PSHE/ Pastoral Time |
| 11:05 – 11:25 | Break | 11:05 – 11:25 | Break | 11:05 – 11:25 | Break |
| 11:25 – 12:15 | Period 3 | 11:25 – 12:15 | Period 3 | 11:25 – 12:15 | Period 3 |
| 12:15 – 13:05 | Period 4* | 12:15 – 13:05 | Period 4* | 12:15 – 13:05 | Period 4* |
| 12:55 13:00 | Lunch (Y7) Lunch (Y8) | 12:55 13:00 | Lunch (Y7) Lunch (Y8) | 12:55 13:00 | Lunch (Y7) Lunch (Y8) |
| 13:05 – 13:55 | Lunch (all other years) | 13:05 – 13:55 | , , | 13:05 – 13:55 | Lunch (all other years) |
| 13:55 – 14:10 | Tutor Time | 13:55 – 14:10 | Tutor Time | 13:55 – 14:10 | Tutor Time |
| 14:10 – 15:00 | Period 5 | 14:10 – 15:00 | Period 5 | 14:10 – 15:00 | Period 5 |
| 15:00 – 15:50 | Period 6 | 15:00 – 15:50 | Period 6 | 15:00 – 15:50 | Period 6 |
| 16:00 – 16:50 | Activities/Prep | 16:00 – 16:50 | Activities/Prep | 16:00 – 16:50 | Period 7 Activities/Prep |
| 17:00 – 18:00 | Activities/Prep | 17:00 – 18:00 | Activities/Prep | 17:00 – 18:00 | Activities/Prep |
| 17:45 – 18:30 | Boarders' Supper | 17:45 – 18:30 | Boarders' Supper | 17:45 – 18:30 | Boarders' Supper |

- * Y7 & Y8 go to lunch slightly earlier.
- PSHE = Personal, Social, Health and Economic lesson
- Meeting for Worship: The School community gathers and sits in stillness to listen and reflect.

| Thursday | | Friday | |
|---------------------------------|--------------------------------------------------------|---------------------------------|--------------------------------------------------------|
| 08:30 – 08:35 | Tutor Time | 08:30 – 08:35 | Tutor Time |
| 08:35 – 09:25 | Period 1 | 08:35 – 09:25 | Period 1 |
| 09:25 – 10:15 | Period 2 | 09:25 – 10:15 | Period 2 |
| 10:15 – 11:05 | Period X | 10:20 – 11:00 | Meeting for Worship |
| 11:05 – 11:25 | Break | 11:05 – 11:25 | Break |
| 11:25 – 12:15 | Period 3 | 11:25 – 12:15 | Period 3 |
| 12:15 – 13:05 | Period 4* | 12:15 – 13:05 | Period 4* |
| 12:55 13:00 13:05 – 13:55 | Lunch (Y7) Lunch (Y8) Lunch (all other years) | 12:55 13:00 13:05 – 13:55 | Lunch (Y7) Lunch (Y8) Lunch (all other years) |
| 13:55 – 14:00 | Tutor Time | 13:55 – 14:10 | Tutor Time |
| 14:00 – 16:00 | PASS (Co-Curricular Time) | 14:10 – 15:00 | Period 5 |
| | | 15:00 – 15:50 | Period 6 |
| 16:00 – 16:50 | Period 7 Activities/Prep | 16:00 – 16:50 | Activities/Prep |
| 17:00 – 18:00 | Activities/Prep | 17:00 – 18:00 | Activities/Prep |
| 17:45 – 18:30 | Boarders' Supper | 17:45 – 18:30 | Boarders' Supper |

• 'PASS' (Programme of Activities for Sidcot School); a wonderful co-curricular programme based on our key themes of Living Adventurously, living out our Quaker values, being an Ashoka Changemaker school and providing opportunities to develop leadership skills and team building. Students will have the opportunity to choose the activities that they wish to join in throughout the year. Students across the Whole School will participate in the activities alongside each other thus promoting community spirit through the vertical structure of the programme.

Curriculum outline

English

During Fourth Form, students will study a range of novels across different time periods. They will also explore short stories, poetry (including contemporary poetry), play scripts (including Shakespeare), public speaking and debating, non-fiction, creative writing and contemporary media including podcasting.

Mathematics

In Lower Fourth students will study numbers focusing on multiples, factors, highest common factors and proof. This is followed by ratio and proportion. Later in the year, students will cover algebra including solving equations using formulae and graphical representations. In shape and space we will further develop the ideas of area, volume, surface area and angle facts.

In Upper Fourth, number work will include powers, roots and standard form and problem-solving. In algebra we will do non-linear graphs, solving more advanced equations and simultaneous linear equations. In shape and space we will study Pythagoras' theorem and circle areas and perimeters and associated angle facts.

Science

In Lower Fourth students study chemical reactions and practical skills in Chemistry. In Biology lessons they will cover digestion, gas exchange and reproduction and in Physics they will explore light and energy.

At the end of the Lower Fourth, students will work towards achieving a Bronze Crest award to introduce them to project work and real-life problem solving.

In Upper Fourth students study atomic structure and atoms in reactions in Chemistry, biotechnology, genetics and ecology in Biology and forces and waves in Physics.

Geography

In Geography, themes are taught through studying different places. For example, one half term is spent studying Brazil, and after covering the basic physical and human geography of the country, students then focus in on rainforests. This allows students to build a broad imagination of the world, while still covering key geographical themes.

History

In Lower Fourth students study 'Power and Control in the Developing World'. This includes the making of America, the British Empire, the French Revolution, the Industrial Revolution and the transatlantic slave trade.

In Upper Fourth students study 'The Making of the Modern World'. This includes the World Wars, dictatorships, the Cold War and the struggle for British Civil Rights.

Languages

During Fourth Form, students will study two languages from Spanish, German and French. Spanish and German are taught from beginner level. Over the two years, students will develop confidence through listening, reading, writing and speaking their chosen languages. They will conduct research projects and develop a cultural awareness of the countries they are studying. This will be further enhanced by enrichment activities both inside and outside the classroom.

Curriculum outline

Creative Arts

During Fourth Form students rotate through 3 specialisms; 3D Art and Ceramics, Fine Art – painting and printmaking, and photography - both digital and analog. In Upper Fourth students work will be focused around the theme of 'Issues-based art' they will be encouraged to communicate ideas and opinions in their work.

Each year culminates in an annual bridging exhibition where all students will have work on display.

Music

During Lower Fourth, students will learn about; hooks and riffs, off-beat music including Reggae, explore ways to develop musical ideas, Jazz and Blues, Bass clef reading and notation and study textures and rhythms.

The Upper Fourth syllabus includes Dance music, soundtracks from films, computer game music, performing as an ensemble, including Samba, and investigating what makes a good song.

Drama

In Fourth Form, Drama students work on a range of skills including delivering scripted work, improvisation, performance and communication skills, presentation skills, teamwork and collaboration. Students will work on whole play texts and will also look at social and political drama where they will be asked to form opinions and problem solve. Over the two years they will use techniques such as clowning and develop vocal skills to build confidence in performing in front of an audience.

Design Technology

In the Fourth Form, students enjoy a carousel of four subjects. In Lower Fourth, students will create an apron in textiles, learn about pewter casting and jewellery making in Product Design, investigate food waste in Food Technology and packaging and graphic design in Computing.

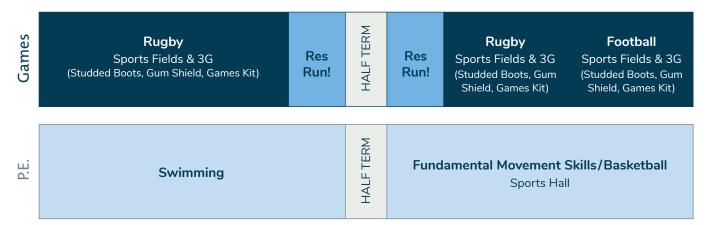
In Upper Fourth students will use the laser cutter to make LED lamps in Product Design, they will produce a bucket hat in Textiles, learn about cyber security in Computing and about teenage nutrition in Food Technology.



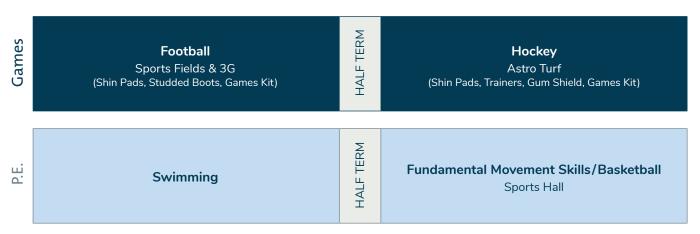
Lower Fourth Boys' PE & Games

This programme is subject change.

Autumn Term - Rugby Season



Spring Term - Football Season



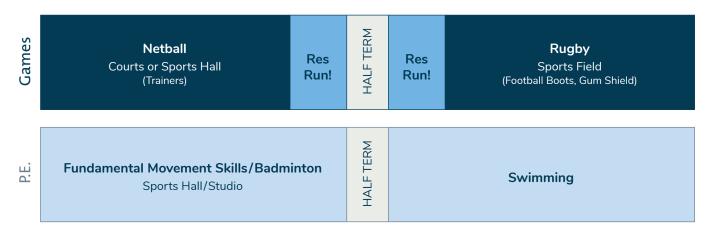
Summer Term - Cricket and Athletics Season



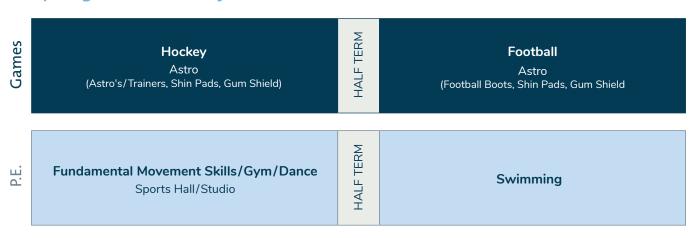
Lower Fourth Girls' PE & Games

This programme is subject change.

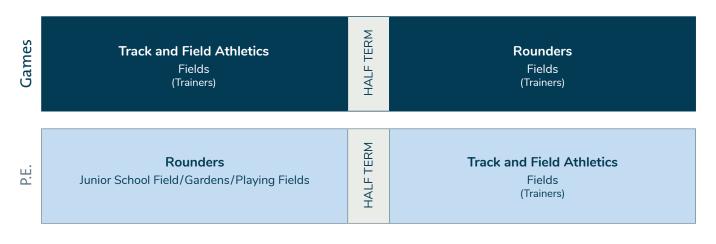
Autumn Term - Netball Season



Spring Term - Hockey Season



Summer Term - Rounders and Athletics Season



Upper Fourth Boys' PE & Games

This programme is subject change.

| Autı | COMPETITION PATHWAY Autumn Term – Rugby Season | | | | | | |
|-------------|---------------------------------------------------------------|------------|---|------------|------------------------------------------------------------------------------------|-----------------------------------------------------------|--|
| Double | Rugby - Sports Fields and 3G (Studded Boots and Games Kit) | Res Run | ቱ | Res Run | .0.7 | Football - Sports Fields/3G (Shin pads, Studded Boots) | |
| Single | Baseline Fitness and Training Methods - Sports Hall | | | 보 | Swimming – Strok | ing – Stroke Development | |
| Sprii | ng Term – Football Season | | | | | | |
| Double | | | | 눞 | Hockey - Astro Turf (Trainers/Astro's, Gum Shield, Shin Pads and Games Kit) | | |
| Single | Strength Training - Gym | | | 눞 | Swimming for Fitness/Fun | | |
| Sum | mer Term – Cricket and Athletics Sea | son | | | | | |
| Double | Cricket - Playing Fields/Astro (Trainers/Spikes) | | | 보 | Track and Field Athletics (Trainers and PE Kit) | | |
| Single | Track and Field Athletics (Trainers and PE Kit) | | | 눞 | Baseline Fitness Review & Striking/Fielding Games (Trainers and PE Kit) | | |
| Autu | HEALTH AND FITNESS PATHWAY Autumn Term | | | | | | |
| Double | Rugby - Sports Fields and 3G (Studded Boots and Games Kit) | Res Run | 뵤 | Res Run | .0.7 | Football - Sports Fields/3G (Shin pads, Studded Boots) | |
| Single | Swimming | | | 눞 | How To Train in a Gym Types and methods of training | | |
| Sprii | ng Term | | | | | | |
| Double | Ĭ | | | 보 | Hockey - Astro Turf (Trainers/Astro's, Gum Shield, Shin Pads and Games K | | |
| Single | Badminton - Sports Hall (Trainers and PE Kit) | | | 눞 | Swimming for Fitness/Fun | | |
| Summer Term | | | | | | | |
| Double | Track and Field Athletics (Trainers and PE Kit) | | | 보 | Striking/Fielding Games (Trainers and PE Kit) | | |
| Single | Cricket and Striking Fielding Games (Trainers/Spikes) | 5 | 토 | | Track and Field Athletics (Trainers and PE Kit) | | |

Upper Fourth Girls' PE & Games

This programme is subject change.

| Autu | COMPETITION PATHWAY Autumn Term – Netball Season | | | | | | |
|-------------|-------------------------------------------------------------------------------------------------------------------------------|------------|---|------------|-------------------------------------------------------------------------------|--|--|
| Double | Netball – Netball Courts (Trainers, PE Kit) | Res Run | Ή | Res | | | |
| Single | Training Methods and SAQ - Sports Hall | | 뉟 | | Gymnastics - Sports Hall | | |
| Sprin | ng Term – Hockey Season | | | | | | |
| Double | | | | H | Football – Sports Fields and 3G (Football boots, Shin Pads) | | |
| Single | Swimming for fitness and fun | | | 눞 | Badminton – Sports Hall | | |
| Sumi | mer Term – Rounders and Athletics S | easor | า | | | | |
| Double | Track and Field Athletics (Trainers and PE Kit) | | | | | | |
| Single | Striking Fielding Games – Sports Fields (Trainers and PE Kit) | | | 눞 | Track and Field Athletics (Trainers and PE Kit) | | |
| Autu | HEALTH AND FITNESS PATHWAY Autumn Term | | | | | | |
| Double | Netball – Netball Courts (Trainers, PE Kit) | Res Run | 뵤 | Res Run | . ".'' | | |
| Single | Fitness - Gyms | | | ¥ | Gymnastics – Sports Hall | | |
| Sprin | Spring Term | | | | | | |
| Double | Hockey – Astro Turf (Shin pads, Astro's or Trainers, Gum Shield) Football – Sports Fields and 3G (Football boots, Shin Pads) | | | | | | |
| Single | Swimming for Fitness and Fun | | | 눞 | Badminton – Sports Hall | | |
| Summer Term | | | | | | | |
| Double | Track and Field Athletics (Trainers and PE Kit) | | 눞 | | Rounders and Striking Fielding Games – Sports Fields (Trainers and PE Kit) | | |
| Single | Striking Fielding Games – Sports Field (Trainers and PE Kit) | ds | | 눞 | Track and Field Athletics (Trainers and PE Kit) | | |

Upper Fourth (Year 9) PE & Games

From Upper Fourth students have the option to choose between a competition or health and fitness pathway. This allows students to select a pathway which best suits their personal goals. The difference between these are shown below.

Competition Pathway

- Sports and playing
- Develop skills and tactics for sport
- Develop fitness for sport
- How to train and get fit
- Develop team skills
- Prepare to play for the School

Health and Fitness Pathway

- Being fit and healthy
- Playing sports to learn fitness
- Playing games
- Developing movement skills
- Learning how to be fit and healthy
- Collaboration skills

Sports fixtures

Sports fixtures are finalised in the first week of each term and go live for parents to see on our sports fixtures site which can be accessed via

sport.sidcot.org.uk

When the team is selected you will be able to view it using the Password **TeamSidcot**.

A hard copy of the fixture and team list is also posted on the notice boards in the Sports Centre

and in each Games and PE lesson. When there is a fixture approaching the Sports department ensure the children know all the important details including venues, times and the required kit.

In order to be considered to represent a School team students must attend after-School training sessions. Training sessions and fixtures should be booked using SchoolsBuddy.



Extra-curricular activities

At Sidcot we're lucky to be situated in a beautiful rural location and have excellent facilities for sport, arts, crafts and environmental studies, as well as links with local community groups, charities and businesses.

Activities run at lunchtime and after School. We ensure our students have a wide range of opportunities to try new things as well as developing existing interests. The activities available to your child can be found on SchoolsBuddy.

Lower Fourth (Year 8) water sports camp and activities week

In the third week of our Autumn Term, all Lower Fourth students embark on an exciting four day overnight camp in the Cotswolds. The trip is designed to encompass outdoor and adventurous activities as part of the curriculum. Students will have the opportunity to take part in a range of activities including sailing, SUP, raft building, kayaking, high

ropes and camp crafts. While having fun, the aim of the camp is to develop our students' skills in team building, leadership and problem-solving.

During the Summer Term our Lower Fourth students enjoy a week of fun activities, both on and off campus, including our Senior Sports Day.

Upper Fourth (Year 9) surfing camp

In the final week of the Summer Term, all Upper Fourth students attend a four day overnight camp based in North Devon. The camp is a great way to mark the end of their year and celebrate. Apart from giving students the opportunity to enjoy surfing and body-boarding sessions,

it also allows them to develop key social and communication skills within their peer group. The focus of the camp is to build students' skills in team building, leadership, self-esteem, decision making, problem-solving, trust and independence.

PASS (Programme of Activities for Sidcot School)

On Thursday afternoons all students take part in PASS. Students choose and book activities through SchoolsBuddy. They will be told about the choice available to them during the first week of term.

Students select activities to last for half a term, and choose either one x two hour activity, or two x one hour activities. Children should wear their House t-shirt along with Sidcot sports kit on Thursdays.

SchoolsBuddy

SchoolsBuddy allows our parents to view the range of activities available to our students. The system allows you to easily book your child onto our lunchtime and after-School activities, our prep sessions, supper and PASS activities. It's important that parents use this system to let the School know what your child will be doing after School.

If your child is remaining on campus after School, they must be signed up to an activity or prep.

All new parents and students will receive a SchoolsBuddy activation email, so please look out for it in your mailbox. This system will be activated on the first week of term. As this is a new software system, you will be required to click on the link in the email to activate your SchoolsBuddy account.

Once you have registered you will be able to view the co-curricular activities and prep sessions available.

Please activate using the Google Chrome Web Browser. Once your account is activated, you can then download the 'SchoolsBuddy' app on iOS or Android.

SchoolsBuddy is very simple to use, but please find below a link to a user guide:

https://online.fliphtml5.com/uqyo/ktbv

Should you have any questions please contact: ITSupport.Parents@sidcot.org.uk

Additional fees

Specialist tuition

Sidcot School offers specialist tuition in a wide range of subjects and activities including Music, Drama and Sports. Learning Support is available for those with a desire for booster lessons or with specific learning needs. If you would like or need specialist tuition please email the relevant Department Head to organise and book the lessons for the following term.

Additional charges for individual and group lessons

For Music lessons, charges are payable in arrears. Lessons missed through School trips will, wherever possible be rescheduled. However, lessons that are missed without notification to the relevant member of staff or due to pupil sickness or non receipt of payment will not be rescheduled. A four-week notice of cessation is required in writing to the Director of Music, Sidcot School, Oakridge Lane, Winscombe, North Somerset, BS25 1PD or email: paul.woolley@sidcot.org.uk

The hourly rate for all individual lessons is £46.00, including Learning Support. The hourly rate for group lessons is £26.00.

Examination charges

Examination Board charges and any access administration charges for external exams (GCSEs, etc.) which are incurred by the School, are charged to parents. They are billed in advance or in arrears, depending on the exam. The total cost currently averages around £500 - £600 for GCSEs and around £600 - £700 for A Levels.

For those taking IB, the examination charge is approximately £750. University application fees are also passed on to parents through our billing system, if the student/parent does not pay for their application directly.

School Bank details

The School will let you know in writing if they are going to change their bank details. To avoid the potential of fraudulent activity, if you do receive such a notification, please ensure that you check the details against those held on the parent portal.

SCPTA

Each year a voluntary £10 donation to the Sidcot Community Parent and Teacher Association fund will be added to your Spring Term extras invoice to support the initiatives of this highly important organisation in School.

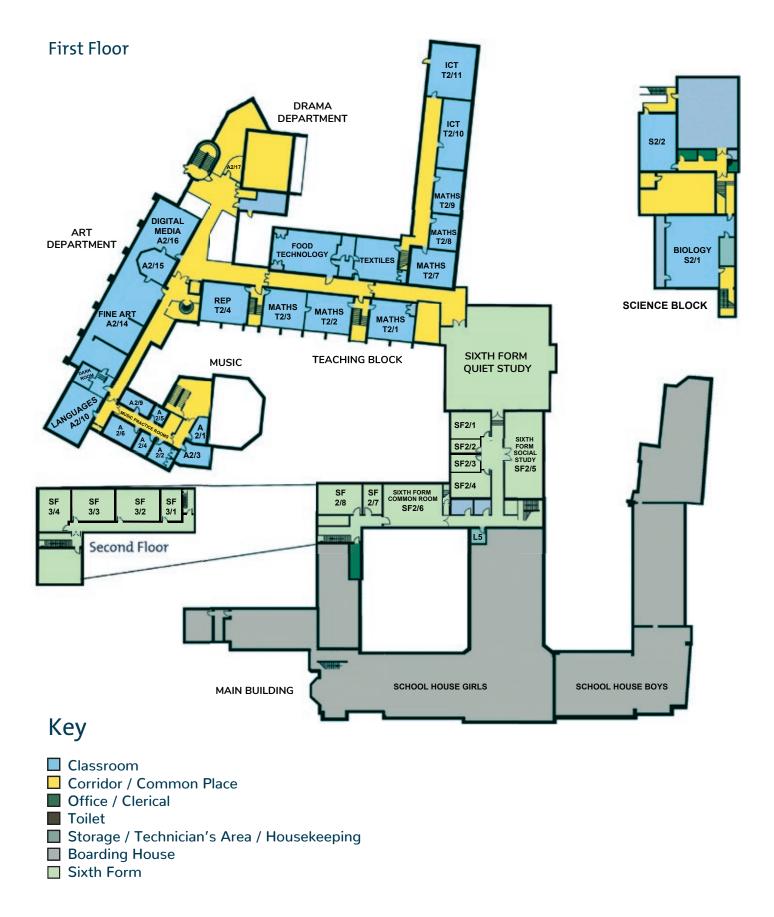
Extras

Parental permission will be sought for any trip or activity which incurs a charge of more than £20.



Senior School Floor Plan









Key contacts



Head James Jonesjames.jones@sidcot.org.uk



Deputy Head (Pastoral) Joanna Leite joanna.leite@sidcot.org.uk



Head of Lower Fourth James Vecchio james.vecchio@sidcot.org.uk



Head of Lower School Alexander Lickorish alexander.lickorish@sidcot.org.uk



Head of Upper Fourth Alex Guthrie alexandra.guthrie@sidcot.org.uk

Useful contact information

School reception:reception@sidcot.org.uk | 01934 843102Student absence:absence@sidcot.org.uk | 01934 845245

Health centre: health@sidcot.org.uk | 01934 845263

School transport: schoolbus@sidcot.org.uk

Uniform queries: uniform@sidcot.org.uk

IT queries: itsupport.parents@sidcot.org.uk

Policies

Full details of our School policies may be found at sidcot.org.uk/policies

Sidcot School Oakridge Lane Winscombe North Somerset BS25 1PD





+44 (0)1934 843102 | info@sidcot.org.uk | www.sidcot.org.uk







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