

Year 7 Girls PE and Games

Autumn Term - Netball Season Double Lesson:			
NetballResCourts or in the Sports Hall (Trainers)Run!	Half Term	Res Run!	Rugby Sports Field (Football boots, gum shield)
PE:			
Fundamental Movement Skills/Fitness Sports Hall/Studio	Half Term		Swimming
	7	5	
Spring Term – Hockey Season Double Lesson:			
Hockey Astro (Astro's/Trainers, Shin Pads, Gum Shield)	Half Term		Football Astro (Football boots, Shin Pads, Gum Shield)
PE:			
Fundamental Movement Skills/Gym/ Sports Hall/Studio	Half Term		Swimming
Summer Term – Rounders and Athletics Season Double Lesson:			
Track and Field Athletics Fields (Trainers)	Half Term		Striking and Fielding Games Fields (Trainers)
PE:			
Striking and Fielding Games Junior School Field/Gardens/Playing Fields	Half Term		Track and Field Athletics Fields (Trainers)