

SENIOR SCHOOL SPORTS REPORT SPRING 2016

Senior School Sports Report Spring 2016

Though very short, this has been a really good sporting term – crammed with swimming, running and matches and with much going on and many successes. Firstly, some sports news in brief.

Senior Swimming Gala & North Somerset Gala



Our gala ran really smoothly and the overall standard of swimming in the school continues to improve. Eight records were broken and six quality swimmers won the individual cups (Freya King, Ben Bradley-Wilson, Imogen Moroney, James King, Jasmine Moroney and Savva Malinin) and the shield was lifted by East.

At the North Somerset Swimming gala held at Hutton Moor, our teams performed very well and finished 2nd overall – an excellent achievement in our cohort of large local schools.

Fencing



Four students competed in the South West Age Group Qualifiers at Millfield school in January. All performed well, Tom Bradley finished 14 in the SW, Betsy Mak and Hamish Lam finished in the top 8 and Alessandra De Capitani DArzago finished 3rd overall and has therefore qualified to progress to the All England Championships in Sheffield in April

Biathlon Competitions

Five pupils are representing the school at the National Schools Biathlon Competition to be held on 19th and 20th March at Crystal palace. They are Stella Arnold (Yr5) Lilly Arnold (Yr7) Sarah Carr, Amber Spillane, and Adam Lyall (Yr8). Amber Sarah and Freya have also been considered for the English Talent programme for Modern Pentathletes. Sarah and Amber have started shooting and competing in local triathlons.

Indoor Athletics

Our U13 Girls won the South District competition and went through to represent North Somerset at the Avon Finals held at the University of the West of England in January where they performed very well against the other top schools in Avon.

South West Sports Hall Athletics Championships

Four of our students went to the Avon Indoor Athletics trials and from this Matthew Fisher was selected to represent Avon at the South West Indoor Athletics Championships - a competition that Avon won. Matthew will now compete for Avon at the All England Championships in April.

Our congratulations go to him.

Athletics Colours

Freya King Amber Spillane Annabel Wroath Sarah Carr Ruby Cogan Maisy Hann Jasmine Bell Matthew Fisher

Cross Country

The depth and strength in running has improved greatly in recent years – our students now compare very favourably in District events and beyond.

Tockington Cross- Country Relays



Sidcot once again travelled to Tockington Manor School for this prestigious event.

Sidcot to field two girls' U13 teams and three U13 boys' teams.

All of the teams performed with tenacity and determination. The Under 13 boys' teams finished in 7^{th} , 12^{th} and 13^{th} places in their competition while the girls finished a brilliant 6^{th} and 2^{nd} – which was superb.

All demonstrated good strength of character to compete in a very strong field of runners. They all worked well together as teams and can be proud of their achievements against some excellent runners.

Representative Cross-Country



Six students were selected to represent North Somerset at the Avon Cross-Country Championships in January and all put in spirited performances. Freya King finished in 16th place, Indeigh Winterson in 20th and Amber Spillane 22nd in the Junior Girls' race, our Junior Boy, Matt Fisher, also ran well and finished a highly creditable 13th of a strong field. The Intermediate Girls race was a tough one – there was a predominance of regular club runners. Clara Mann ran very determinedly and finished in 28th place, while Imogen Moroney showed dogged determination, maintained a place near the front throughout the race and finished a fabulous 3rd.

On the back of this result, Imogen was selected to represent Avon at the South West Cross-Country Championships at Pittville Park in Gloucestershire where in truly horrible conditions she finished 5th helping Avon to win the event. She then continued to represent Avon at the All England event in Nottingham where she finished 41st in a field of over 400.

All students involved in these successes received their Colours last term.

Cross Country Cup

Imogen Moroney

Games Teams

Overall Girls Results by Team

There has been a real fizz about the girls' teams this term and a tremendous amount of enthusiasm and commitment which has ensured that taking students to fixtures has been a real pleasure. Our younger Hockey teams were very excited to be using our new astro after half term and already there is a noticeable improvement in level of skill..

	Hockey			Netball				
	U12	U13A	U13B	U14	U15	U16/	Senior League	Senior Friendlies
Played	6	6	2	3	6	5	11	2
Won	4	5	1	0	3	4	6	1
Lost	1	1	1	3	2	1	5	1
Drawn	1	0	0	0	1	0	0	0
Cancelled	2	2	1	3	2	3	0	1
Tournament	Next week	After our term!	After our term!	2 nd in 'B' pool	During WEX week	Cancelled- weather	-	-

Overall Boys Results by Team

Likewise with boys' – there has been good enthusiasm and some eagerness to play.

	U12	U13A	U14	U15	U16/	Senior
Played	5	5	4	3	5	3
Won	0	1	1	0	1	1
Lost	4	4	3	2	4	1
Drawn	1	0	0	1	0	1
Cancelled	2	2	3	2	1	0

U12 Girls' Hockey



Played	6
Won	4
Drawn	1
Lost	1
Cancelled	2
Tournament	Winners!

The U12 hockey team have had a really good season. They have been highly enthusiastic and eager to play and have been good attenders at practice. Skills are beginning to develop – helped in the last 3 weeks by playing on our new astro. Also very pleasing to see, is their improving understanding of team play and space.

A fabulous afternoon was enjoyed at the North Somerset tournament. The girls finished top of their group and went through to the semi-finals where they narrowly beat Churchill. In a really nail biting final in a very evenly contested match they came out eventual winners after a goal deep in the second half scored by Lily Barker-Wyatt. Brilliant result. Certainly some promise for the future.

Most improved player

Isabelle Fawcett

Colours

Lottie Gunter Lilly Arnold Sofia Parker Mills

U12 Boys' Football



Played	5
Won	0
Drawn	1
Lost	4
Cancelled	2

The U12 were a very group captained by Storm Biles. There were always lots of keen players who attended practice and were available to play. Some talented players: Matthias Benischke and Henry make the future look bright for this team.

Most Improved Player

Joe Hart

Colours

Henry Hawkins Storm Biles Tim Williams Toby Millar

U13 Girls' Hockey



	А	В
Played	6	2
Won	5	1
Drawn	0	0
Lost	1	1
Cancelled	2	1
N.Somerset	After	
Tournament	end of	
	term	

A large number of pupils have regularly attended hockey practice enabling two teams of girls to have fixtures – though not as many for the B squad as we would have hoped. All the girls have made great improvements with their individual skills but they have also begun to pass well between the midfield and attackers creating space and plenty of different opportunities to score goals. Both left and right sides of the pitch have been used effectively. The defence have not had too hard a season but they are beginning to move and mark more effectively while also tackling and clearing the ball with pace.

The B Squad matches have been close and hard fought.

It looks a promising squad to develop next year in the eleven a side game where more students will participate in games on a regular basis.

Most Improved Players

B Team Isabelle Jarman A Team Meghan Vivian

Colours

Freya King Sarah Carr Katie Price Maisie Hann

U13 Boys' Football



Played	5
Won	1
Drawn	0
Lost	4
Cancelled	2

The highlight of this season was an outstanding win over QEH where all the lads gave one hundred percent for the school. The defence has been marshalled and captained well by Josh Grove. Toby Pratt has been outstanding in midfield and Rufus long was a constant threat upfront. The Lads produced some excellent football over the term.

Most Improved Player

Toby Finch

Colours

Joss Grove Toby Pratt Jacob Perry Rufus Long

U14 Hockey



Played	3
Won	0
Drawn	0
Lost	3
Cancelled	3
N.S. Tournament	2 nd in 'B' Pool

These girls have been incredibly keen and cheerful in their approach to their matches. They have been unfortunate that, for a variety of reasons, a number have been cancelled

At their tournament held last they played with cheerful confidence, ably helped by a number of Under 13 players who kindly stepped up due to illness in the ranks.

Most improved players

Ellie Cooke Lydia Hodge

Colours Maddy Northcott Gracie Fletcher

U14 Football



Played	4
Won	1
Drawn	0
Lost	3
Cancelled	3

The U14 recorded an excellent win over Shapwick and competed hard in all of their other fixtures. They have a very talented midfield duo of Billy Lindsay and Ignacio De La Torre, while Spencer Cole has been solid in defence. With the rest of the team developing their skills the future looks bright for this team.

Most Improved

Spencer Cole

Colours

Will Ford Ignacio De La Torre Lennon Coles Billy Lindsay

U15 Girls' Netball



Played	8
Won	5
Drawn	0
Lost	3
Cancelled	1

This team, comprising of just eight players has participated throughout the season with great dedication and commitment. Many of them have been regular attendees at evening league training on a Tuesday and they have certainly benefited from the experiences gained, practicing and playing alongside more experienced girls from the older age groups.

They had an enjoyable Tour to North Devon where, besides playing West Buckland School and Mount Kelly College, they bowled and played rounders on the beach!. Their standard of play has improved significantly, especially in their movement and spatial awareness on court, where their understanding of each other has enabled the ball to move swiftly and effectively down the court. As they move up into the U16 age group next year, they have a lot to look forward to, as this is certainly an emerging, talented group of girls.

Colours Imogen Moroney Millie Ashdown Anouska Long Frida Cardale

U15 Boys' Football



Played	3
Won	0
Drawn	0
Lost	3
Cancelled	2

This team have had some very bad luck with the weather but have remained a most enthusiastic side particularly when it comes to Saturday Fixtures. They have a wealth of talented players and all battle hard for each other.

Most Improved Player

Freddie Livesey

<u>Colours</u>

Jacob McGurl Dan Corbett Luke Garner green

U16 Girls Netball



Played	8
Won	3
Drawn	1
Lost	4
Cancelled	3

The U16 team has gone from strength to strength this year and they can almost not get enough netball or time on court. Always eager to give of their own time, the squad have enjoyed some great victories against strong opposition and in some cases have also been on the opposite side, suffering some heavy defeats. This never deterred the girls from working hard on court, with their teamwork and commitment always shining through. Sadly for some this has been their last season representing Sidcot School, but they will move on knowing they leave a lasting legacy of the joy to be had from playing netball.

Colours

Beth Evans Matty Grove Zoe Mercer Maddy Hann

U16 Boys' Football



Played	5
Won	1
Drawn	0
Lost	4
Cancelled	1

Captained by the ever enthusiastic Dan Wetherall, the U16 have produced some lovely football over the term. The Hi-light being a wonderful win over Clifton High school.

Colours

Finn Thornton Alex Crofts Lucas Chui Piers Langord

Weston & District Netball (Senior squad)



Played	14
Won	11
Drawn	0
Lost	3
Cancelled	2

What a year it has been. This squad of committed and talented netballers have enjoyed a superb season in the Weston and District league and like the U16 team, have gone from strength to strength. Their speed on court, quality of passing and work rate in both attack and defence has often stunned their opposition. One of the main reasons for their success has also been an improvement in their consistency, certainly in their feeding of quality ball and conversion of attempts on goal. Apart from their Weston and District games, they have enjoyed and Mini Tour to North Devon – it was certainly a joy to take such a super group of girls away.

This squad of girls all clearly love their netball and have jelled together to form a unified and cohesive unit of players, who show total commitment to the team. It has been a real pleasure to have coached, been involved with and witnessed their improvement and hopefully despite many moving on to other Educational establishments next year, they can continue to build on their success of this year.

Colours

Emma Patch Jade Corbett Charlotte Dolman

1ST XI Football



Played	4
Won	1
Drawn	1
Lost	2

The highlight of the first team season was the victory over Taunton school. The weather has meant that some fixtures have been postponed – we look forward to future seasons without so many cancellations.

Colours Marios Michael Will Corderoy.

<u>Rugby</u>

<u>Girls</u>



There have been a dedicated squad of girls who have trained regularly and are keen to compete. They are looking forward to their first game on Sunday.

Three girls were awarded rugby balls to acknowledge their superb commitment and enthusiasm over the course of the year. These were: Emma Patch, Caroline Green and Alessandra De Capitani D'Arzago.

<u>U15 Rugby 7s</u>



Throughout this term all the lads have participated in two training sessions and two S&C sessions a week all in their own time hi lighting the hard work and enthusiasm of the group in which they approached the seven's Tournament. The hard work was very much rewarded playing a lovely expansive game of sevens which the bigger schools could not cope with. The beat Cathedral 3 tries to 1, Clevedon 4 tries to 1 and RGS 3 tries to 1 to handsomely be top of the group. In the Semi Finals we came across a very powerful St Bedes team who beat us 2 tries to 1.

<u>U16 Rugby 7s</u>

U16 gave a tremendous performance in the Bristol sevens. Finishing second in their group that contained the likes of BGS and QEH.

Rugby Selections

Four boys were selected to play for the Bristol Player Performer Development Squad.



These were Oscar Brown Billy Lindsay John Alvis Adam garner-Greene

Girls House matches for the Spring Term

House matches occur each term in the major sport for that term. They are always undertaken in a spirit of cheerful competitiveness and determination and they are always fully inclusive of all our students in each year group. The results were as follows:

Year		North (Yellow)	East (Blue)	South (Green)	West (Red)
7	Hockey	1 st (4)	1 st (4)	4 th (1)	4 th (1)
8		3 rd (2)	2 nd (3)	1 st (4)	4 th (1)
9		2 nd (3)	4 th (1)	3 rd (2)	1 st (4)
10	Netball	3 rd (2)	1 st (4)	2 nd (3)	4 th (1)
11					
Total		11	12	10	7
Position		2nd	1st	3rd	4th

Girls House Matches for both Terms (Netball and Hockey)

Year		North (Yellow)	East (Blue)	South (Green)	West (Red)
7		1 st (4)	4 th (1)	4 th (1)	1 st (4)
8	Netball	2 nd (3)	3 rd (2)	1 st (4)	4 th (1)
9		2 nd (3)	4 th (1)	4 th (1)	1 st (4)
10		3 rd (2)	1 st (4)	2 nd (3)	4 th (1)
11		3 rd (2)	1 st (4)	2 nd (3)	4 th (1)
Total		14	12	12	11
Position		1st	=2nd	=2nd	4th
7	Hockey	1 st (4)	1 st (4)	4 th (1)	4th (1)
8		3 rd (2)	2 nd (3)	1 st (4)	4 th (1)
9		2 nd (3)	4 th (1)	3 rd (2)	1 st (4)
10		3 rd (2)	1 st (4)	4 th (1)	2 nd (3)
11					
Total		11	12	8	9

Position	2nd	1st	4th	3rd

Girls House Shields

Overall for this term – East

Hockey - over both terms - East

Netball – over both terms – North

Hockey Cup – Savina Mu

Netball Cup – Emma Patch

Boys House Football Results

<u>Results</u>

	North	East	South	West
Year 7				
Year 8	4 th (1)	2 nd (3)	1 st (4)	3 rd (2)
Year 9	4 th (1)	1 st (4)	2 nd (3)	3 rd (2)
Year 10	1 st (4)	2 nd (3)	4 th (1)	3 rd (2)
Year 11	2 nd (3)	1 st (4)	4 th (1)	3 rd (2)
Total points	9	14	9	8

Winners: East

Footballer of the Year – Marios Michael

It only remains for us to thank all those of you who have represented the school so admirably and with such enthusiasm and good spirit.

We also thank staff for their continued support for the sports programme and for their willingness to allow students to come out of lessons when necessary to compete in our myriad of sports fixtures.

Many thanks also to those parents who support so cheerfully from the side lines come rain or shine.

Rosie Bellinger - Physical Education Faculty